Produce Pack Guide

INFO SHEET

CROP TYPE	WEIGHT/UNITS	MATERIALS
Apples	 1 bu. cartons (weight depends on variety) 40-lb. cartons w/ 8 5-lb. bags 36-lb. cartons w/ 12 3-lb. bags 3,5,6,7,8 or 10-lb. PETE/cello bags 600-lb tote bin / 300-lb. half tote bin (w/ bags) 	 Packed on soft fiberboard trays or soft polystyrene Vented cartons
Apricots	• 8-12 pint carton	 Tray-packed in single or double layers, or volume filled
Artichokes	 Classified by the number that fit into a standard carton of about 23 lb. eg. size 18 buds (18 buds per carton or >18s) 	 Cartons Package icing (2.2-lb. of ice per 4- lb. of product) or top-icing
Arugula	 Bunched should be packaged with 24-30 bunches per box. A bunch is 3/4-lb. on average 1/9 bu. box is used Loose should be packaged in 12 4-oz. bags per box 	 Fiberboard cartons lined with perforated polyethylene bags, small sealed plastic bags, clamshell containers, or trays
Asparagus	 Make 12 oz. or 16 oz. bunches or pack 10-lb. loose 1/2 bu. box or crate 	 Box or asparagus crate with butt end down Package icing (2.2-lb. of ice per 4- lb. of product)
Atemoya	 Single layer 10-lb. (4.5kg) or 20-lb. (9kg) pack 	• Fiberboard boxes with foam sleeves or paper wrapping
Avocado	 California avocados are packed in single-layer 12.5-lb. (5.67kg) flats or trays 2-layer 25-lb. (11.34kg) lugs and 25-lb. (11.34kg) volume- fill boxes 	 Flats, trays, lugs or volume-fill boxes
Beans (Snap)	 Pack 15-lb. in 1/2 bu. produce box 26-31 lbs. in bu. crate, basket or box 	Produce box, crate, basket
Beans (Lima)	 Pack 15 lb. in 1/2 bu. produce box 26-31 lbs. in bu. crate, basket or box 	Produce box, crate, basket
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Beets	 Topped beets can be packed loose in 1/2 bu. boxes or 25-lb. bags Bunched beets (5-8 per bunch) should be packed in a 1 1/9 bu. box or crate with 12 to 24 bunches per box 	 Produce box, bags, crate Top-icing
Blackberries	 1-pint, 2-pint, or 1-quart vented plastic clamshell containers, packed in units of 12 per carton 	 Vented plastic clamshell containers Cartons
Blueberries	• 1-or 2-pint vented polyethylene or polystyrene clamshell containers, 12 units to a tray	 Vented polyethylene or polystyrene clamshell containers Trays
Broccoli	 Pack 10, 12, 14, 16 or 18 in 1 1/9 bu. produce box Weight should be 23-lb. Leave 6 in. of stem on 	 Produce box, carton Inject liquid ice into the waxed cartons
Brussels Sprouts	• 25-lb. (11kg) packed in a carton	 Plastic liners are often used in cartons with loose sprouts to reduce moisture loss. Polyethylene bags are sometimes used in place of the plastic containers for consumer units.
Cabbage	 Pack 45-50-lbs. in 1 3/4 or 1 7/8 bu. waxed cabbage containers, cabbage bags or boxes. Can also pack in bulk bins filled by count 	 Shipped in wax-coated corrugated cardboard cartons and wire-bound crates of various sizes Water loss can be reduced and storage-life extended if heads are stored in perforated polyethylene bags
Cantaloupes	 Pack 9, 12 or 15 in flat melon boxes Can also pack in bulk bins filled by count 	• Flat melon box, bulk bin
Carrots (bunched)	 Tie in bunches of 6 to 8 Pack in 1 1/9 bu. produce boxes 	 Produce boxes Top-ice after cooling
Carrots (loose)	 25-lb. in 5/9 bu. waxed carton with perforated polyethylene liner 50 lb. in 1 1/9 bu. carton 	 Waxed carton with perforated polyethylene liner Top-ice after cooling
Cauliflower CROP TYPE	 Pack 9, 12 or 15 trimmed heads (leaves trimmed just above top of the head) in a cauliflower box WEIGHT/UNITS 	 Produce boxes Top-ice
		PIATERIALS



Celeriac	• 1 1/9 bu. box, 24 to a box	Produce boxes
		Boxes should be unlined
Celery	• 60-lb. cartons with 48 stalks	Cartons
	 Celery hearts - (8, 10, or 12" in length) - 18 or 28-lb. cartons 	
Chard	Pack 20-25-lbs. in bu. crates or	Crates or cartons
	cartons	 Plastic films covering packaging
	 12-24 bunches per crate or 	reduces water loss
	carton	• Top-ice, package ice (2.2-lb. of ice
		per 4-lb. of product), liquid ice
Cherimoya	Carton size 9- and 18-lb. (4	Cartons
	and 8kg) with 12 to 24 count	
Cherries	Pack in 10-20-lb. cartons	Cartons
Collards & Kale	Pack 20-25-lbs. in bu. crates or	Cratos or cartons
Collatus & Nale	• Pack 20-25-IDS. In Du. crates or cartons	Crates or cartonsUsing plastic films to cover
	• 12-24 bunches per crate or	packaging reduces water loss
	carton	• Top-ice, package ice (2.2-lb. of ice
		per 4-lb. of product), liquid ice
Corn (sweet)	• Pack 5 doz. ears in corn bag,	• Corn bag, box, crate or bulk bin
	box, or crate • Can also pack in bulk bins filled	 Package ice (2.2-lb. of ice per 4-lb. of product) and top-ice after cooling
	by count	 Injection of slush ice into cartons
Cranberries	Cartons containing 24 12-oz.	 Cartons w/ polybags
	polybags	 Wood totes, for bulk sales
	• Use 20, 25, and 30-lb. cartons	
Cucumbers	• 20-lb. in 5/9 bu. cartons	Cartons or crates
	• 40-lb. in 1/2 bu. or 1 1/9 bu.	
	cartons or crates	
	24-count cartons	
Dates	• 15-lb. (6.8kg) flats of	Fiberboard or wood flats
Dates	fiberboard or wood	Cartons
	• 5 or 10-lb. (2.3 or 4.5kg)	
	cartons	
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Eggplant	 Pack in 1/2 bu. or 1 1/9 bu. produce boxes. 	Produce boxes
	 Count for standard eggplant 	
	should be 22-28 in 1 1/9 bu.	
	produce box	
	 Smaller specialty eggplant 	
	should be packed in 1/2 bu.	
	produce boxes	
Elderberries	1-pint, 2-pint, or 1-quart	Vented plastic clamshell containers
	vented plastic clamshell	Cartons
	containers, packed in units of	
	12 per carton	
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Endive & Escarole	Pack in 1/2 bu. or 1 1/9 bu. produce boxes, cartons or crates	 Produce boxes, cartons or crates Packed ice in cartons (2.2-lb. of ice per 4-lb. of product)
Figs	 Pack in a one-layer box because fully mature fresh figs are soft, easily bruised, and highly perishable 	• One-layer box
Garlic	 Packed loose: 5, 10, 22, 30-lb. cartons Smaller bags or trays for retail 	Cartons, bags or trays
Ginger	• Sold in full telescoping 30-lb. (13.6kg), 20-lb. (6.8kg) fiberboard cartons or 5-lb. (1.7kg) cartons with film bags	 Fiberboard cartons w/ film bags
Gooseberries & Currants	Trays holding 12 half-pint containers	Vented clamshell containers
Grapefruit	 Range from size 23 (23 fruit/carton) through to 56 (56 fruit/carton) Commonly packed, stored and shipped in 4/5 bu. cardboard cartons 	Cardboard cartons
Grapes	No standard packaging	 Lugs Quart-sized ventilated plastic containers 2-lb. plastic slit bags
Guavas	• Shipped in 10-lb. (4.5kg) single-layer cartons with foam sleeves or wrapping to prevent injury	 MAP in polyethylene bags and use of wax coatings delays ripening/softening Skin blackening is a problem when some wax coatings are applied
Herbs	Pack in bunches 12 or 24 to 1/2 bu. box	 Pack in plastic bags or clamshells, then pack in corrugated cartons Perforated polyethylene liners will prevent dehydration and maintain quality. Use waxed boxes, lined with plastic Some herbs (parsley) are top-iced
Honeydew	• The number of fruit (based on a uniform fruit diameter and weight) per box to achieve a standard weight of 30-lb. (13.6kg)	Produce box



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Horseradish	 44-55-lb. (20-25kg) sacks 2.2-lb. (1kg) packages For storage: 33-lb. (15kg) polyethylene-lined crates For storage: 660-1,100-lb. (300-500kg) containers 	 Sacks, packages, polyethylene lined crates, containers
Jicama	 Wooden crates of 20+ lbs. (9+kg) Carton boxes of about 10-lb. (4.5kg) for export 	Wooden cratesCarton boxes
Kohlrabi	 1-1/9 bu. box – 24 bunches With tops: bunched like beets, with 3-5 kohlrabi per bunch 	 Produce boxes Package icing (2.2-lb. of ice per 4-lb. of product)
Leeks	 10-lb. 1/3 bu. cartons or wire- bound crates 12-count leafy greens carton 	 Cartons or wire-bound crates Crushed ice
Lemons	 Common packaging specifications are 40-lb. (18.2kg) cartons, 10-lb. (4.6kg) mini-pack cartons, 8- lb. (3.6kg) consumer cartons, as well as 2, 3, and 5-lb. (0.9, 1.4 and 2.3kg) bags 	 Cartons, mini-pack cartons, consumer cartons, bags Boxes or cartons tightly packed and well filled
Lettuce	Pack in 1 1/9 bu. boxes with uniform counts of 12 to 24 in every box	 Crisphead: 24-count cartons Leaf lettuce: 20-25-lb. cartons Butterhead/Boston: 20-lb. cartons Bibb/greenhouse-grown: 10-lb. cartons
Limes	• 10-lb. (4.5kg), 20-lb. (9.1kg) and 40-lb. (18.2kg) cartons	 Boxes or cartons tightly packed and well filled
Longons	• 10-lb. (4.5kg) or 5-lb. (2.25kg) crates	 One-piece fiberboard crates with plastic lines, if not already packed in polystyrene containers
Lychee (Litchi)	 10-lb. (4.5kg) or 5-lb. (2.25kg) crates 0.5 pint (0.12L) styrene containers 	 One-piece fiberboard crates with plastic lines, if not already packed in polystyrene containers
Mangoes	• Sold in 35-lb. (16kg) cartons, 14-lb. (6kg) flat single-layer cartons and 10-lb. (4.5kg) single-piece fiberboard boxes with various counts	 Cartons, single-piece fiberboard boxes



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Mushrooms	Pack in trays or cartons	 Pack in trays or cartons with a perforated polyethylene film overwrap to reduce moisture loss It is important to avoid water condensation inside packages
Nectarines	 2-layer tray boxes (yellow-fleshed) 1-layer tray boxes (white-fleshed) 	Tray boxes
Nopales	• Loose packed in 10-20 lb. (4.5- 9.0kg) cartons or boxes based on size and quality	Cartons or produce boxes
Okra	 1-lb. clamshell boxes Bulk weight or volume-filled 25-lb. bins 	Clamshell boxesBulk bins
Onions (Scallions)	• Tie 6 to 9 in a bunch and pack 24 bunches in a 1/2 bu. box or 40 to 48 in a 1 1/9 bu. box	 Produce boxes Top-ice
Onions (dry)	Cure, grade and pack in 25 or 50 lb. bags	• Bags
Oranges	 Standard packed sizes used in California include 24, 32, 36, 40, 48, 56, 72, 88, 113, 138, 163, 180, 210, 245, and 270 fruit per 28.5L container. 	 Well-vented polyethylene and plastic mesh bags of various sizes Carton design should include at least 5% side venting, designed to line up with adjacent carton vents to allow airflow through the entire load
Papayas	 10-lb. (4.5kg) cartons are common, although larger 22-lb. (10kg) cartons are also used Count size ranges from 6 to 18, depending upon fruit and carton size 	 Cartons Foam mesh sleeves, foam padding on the bottom of cartons or paper wrapping to prevent abrasion injury in fruit with areas of green skin
Parsnips	25-lb. 5/9 bu. waxed carton with perforated polyethylene liner	 Waxed carton with perforated polyethylene liner
Peaches	 2-layer tray boxes 10 bu. bulk box 1 bu. or 1/2 bu. box White-flesh and tree-ripened: 1-layer tray boxes 	• Tray boxes
Pears	• 20-30-lb. box	• Tray boxes



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Peas (hull)	 Pack 15-lb. in pea box 1/2 bu. box 30-lb. in bu. or 1 1/9 bu. boxes or baskets 	 Boxes or baskets Top-ice
Peas (sugar & snap)	Pack in 10-lb. in 1/2 bu. produce box	 Produce boxes Top-ice
Peppers	 Small size: 90 to 1 1/9 bu. box Medium: 75 to 85 per box Large: 60 to 70 per box Extra large 45 to 55 per box Bell peppers should be packed in 1 1/9 bu. boxes while specialty peppers are usually packed in 1/2 bu. boxes 	Produce boxes
Plums	 28-lb. volume-filled containers 1/2 bu. box 	Tray boxes
Pomegranates	 Small: 150-200g, 65-74mm diameter, 25-34 fruit/5kg carton Medium: 201-300g, 75-84mm diameter, 17-25 fruit/5kg carton Large: 301-400g, 85-94mm diameter, 13-17 fruit/5kg carton Extra Large: 401-500g, 94- 104mm diameter, 10-13 fruit/5kg carton 	 Generally packed into 2-layer tray packs or bulk cartons
Potatoes	 Bulk 50-lb 1 1/9 bu. carton Bulk 25-lb 5/9 bu. carton "Count" 50-lb. boxes 5 or 10-lb. plastic or paper bags 2-lb. net bags B-sized tubers 	 Cartons, boxes or plastic or paper bags
Prickly Pear	 Packed according to color, size and condition in 10-lb. (4 1/2 kg) cartons, or may be packed in single or double layer tray cartons 	 Cartons Single or double layered cartons Large fruit may be wrapped in tissue paper to reduce scuffing and other physical injury Fruit may also be packaged in cartons with perforated plastic liners to reduce water loss under dry storage conditions
Pumpkins	 Pack bulk by the count or weight 800-900-lb. bulk containers 	Bulk containers



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Radishes	• Tie 8 to 12 in a bunch so that 20 bunches fill a 1/2 bu. or 40 bunches a 1 1/9 bu. box	Produce boxes
Raspberries	Trays holding 12 pint or half pint containers	Vented clam shell containers
Rhubarb	Pack 15 1-lb. bunches in a bu. box	Produce boxes
Rutabaga	• 25-lb. 5/9 bu. cartons with perforated polyethylene liners	 Cartons with perforated polyethylene liners
Spinach	 Pack 5-lb. in 1/2 bu. box or 13- lbs. in 1 1/9 bu. box 	 Produce boxes Top-ice, liquid icing, package icing (2.2-lb. of ice per 4-lb. of product)
Sprouts	 Alfalfa: 4-6 oz. containers with 12 containers/case Mung bean: 4-6 oz. containers in 5-lb. open flats 	Containers
Squash (Summer – Zucchini)	 Grade for size and quality and pack in 1/2 bu. boxes 	 Produce boxes Pack like sardines, with stem-end facing the carton walls to avoid damage
Squash (Winter)	• Grade for size and quality. Pack in 1 1/9 bu. box	Produce boxes
Strawberries	• Pint or quart	 Pint or quart open mesh baskets, or clear clamshell containers, held in corrugated fiberboard tray
Sweet Potatoes	 Grade for size and quality and pack in 1/2 bu. or 1 1/9 bu. boxes 	Produce boxes
Tangerines	 4/5 bu. cartons are used for shipping and storage. Marketable tangerines range from size 56 (56 fruit/carton) to size 210 (210 fruit/carton) 	• Cartons
Tomatillos	Packed in 10-lb. (4.5kg) cartons	• Cartons
Tomatoes	 Pack in 25-lb. tomato or 1/2 bu. produce boxes Cherry tomatoes are packed in 12 pt. flats 	Produce boxes or pint flats



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Turnips	 Pack in 25 or 50-lb. plastic bags 1/2 bu. boxes 1-lb. bags, packed 12 per carton 	• Bags, boxes, cartons
Watermelons	 700 lb. corrugated bins (not for thin-skinned melons) 50-60 lb. cartons 	 Cartons should have specially designed inserts to help support the weight of the fruit Only brand new cartons should be used

This information was adapted from *Wholesale Success: The Guide to Selling, Postharvest Handling, and Packing Produce*, FamilyFarmed.org, 2010.

Was this Info Sheet helpful to you? Do you have suggestions for how we could improve it? We want to hear from you!

Contact Eva Antczak at evaa@farmsreach.com.

