Produce Pack Guide

INFO SHEET

| CROP TYPE | WEIGHT/UNITS | MATERIALS |
|--------------|--|---|
| Apples | 1 bu. cartons (weight depends on variety) 40-lb. cartons w/ 8 5-lb. bags 36-lb. cartons w/ 12 3-lb. bags 3,5,6,7,8 or 10-lb. PETE/cello bags 600-lb tote bin / 300-lb. half tote bin (w/ bags) | Packed on soft fiberboard trays or soft polystyrene Vented cartons |
| Apricots | • 8-12 pint carton | Tray-packed in single or double layers, or volume filled |
| Artichokes | Classified by the number that fit into a standard carton of about 23 lb. eg. size 18 buds (18 buds per carton or >18s) | Cartons Package icing (2.2-lb. of ice per 4- lb. of product) or top-icing |
| Arugula | Bunched should be packaged with 24-30 bunches per box. A bunch is 3/4-lb. on average 1/9 bu. box is used Loose should be packaged in 12 4-oz. bags per box | Fiberboard cartons lined with perforated polyethylene bags, small sealed plastic bags, clamshell containers, or trays |
| Asparagus | Make 12 oz. or 16 oz. bunches or pack 10-lb. loose 1/2 bu. box or crate | Box or asparagus crate with butt end down Package icing (2.2-lb. of ice per 4- lb. of product) |
| Atemoya | Single layer 10-lb. (4.5kg) or 20-lb. (9kg) pack | • Fiberboard boxes with foam sleeves or paper wrapping |
| Avocado | California avocados are packed in single-layer 12.5-lb. (5.67kg) flats or trays 2-layer 25-lb. (11.34kg) lugs and 25-lb. (11.34kg) volume- fill boxes | Flats, trays, lugs or volume-fill boxes |
| Beans (Snap) | Pack 15-lb. in 1/2 bu. produce box 26-31 lbs. in bu. crate, basket or box | Produce box, crate, basket |
| Beans (Lima) | Pack 15 lb. in 1/2 bu. produce box 26-31 lbs. in bu. crate, basket or box | Produce box, crate, basket |
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| Beets | Topped beets can be packed loose in 1/2 bu. boxes or 25-lb. bags Bunched beets (5-8 per bunch) should be packed in a 1 1/9 bu. box or crate with 12 to 24 bunches per box | Produce box, bags, crate Top-icing |
|--------------------------|--|--|
| Blackberries | 1-pint, 2-pint, or 1-quart vented plastic clamshell containers, packed in units of 12 per carton | Vented plastic clamshell containers Cartons |
| Blueberries | • 1-or 2-pint vented polyethylene or polystyrene clamshell containers, 12 units to a tray | Vented polyethylene or polystyrene clamshell containers Trays |
| Broccoli | Pack 10, 12, 14, 16 or 18 in 1 1/9 bu. produce box Weight should be 23-lb. Leave 6 in. of stem on | Produce box, carton Inject liquid ice into the waxed cartons |
| Brussels Sprouts | • 25-lb. (11kg) packed in a carton | Plastic liners are often used in cartons with loose sprouts to reduce moisture loss. Polyethylene bags are sometimes used in place of the plastic containers for consumer units. |
| Cabbage | Pack 45-50-lbs. in 1 3/4 or 1 7/8 bu. waxed cabbage containers, cabbage bags or boxes. Can also pack in bulk bins filled by count | Shipped in wax-coated corrugated cardboard cartons and wire-bound crates of various sizes Water loss can be reduced and storage-life extended if heads are stored in perforated polyethylene bags |
| Cantaloupes | Pack 9, 12 or 15 in flat melon boxes Can also pack in bulk bins filled by count | • Flat melon box, bulk bin |
| Carrots (bunched) | Tie in bunches of 6 to 8 Pack in 1 1/9 bu. produce boxes | Produce boxes Top-ice after cooling |
| Carrots (loose) | 25-lb. in 5/9 bu. waxed carton with perforated polyethylene liner 50 lb. in 1 1/9 bu. carton | Waxed carton with perforated polyethylene liner Top-ice after cooling |
| Cauliflower CROP TYPE | Pack 9, 12 or 15 trimmed heads (leaves trimmed just above top of the head) in a cauliflower box WEIGHT/UNITS | Produce boxes Top-ice |
| | | PIATERIALS |



| Celeriac | • 1 1/9 bu. box, 24 to a box | Produce boxes |
|-----------------|--|---|
| | | Boxes should be unlined |
| Celery | • 60-lb. cartons with 48 stalks | Cartons |
| | Celery hearts - (8, 10, or 12" in length) - 18 or 28-lb. cartons | |
| | | |
| Chard | Pack 20-25-lbs. in bu. crates or | Crates or cartons |
| | cartons | Plastic films covering packaging |
| | 12-24 bunches per crate or | reduces water loss |
| | carton | • Top-ice, package ice (2.2-lb. of ice |
| | | per 4-lb. of product), liquid ice |
| Cherimoya | Carton size 9- and 18-lb. (4 | Cartons |
| | and 8kg) with 12 to 24 count | |
| | | |
| Cherries | Pack in 10-20-lb. cartons | Cartons |
| Collards & Kale | Pack 20-25-lbs. in bu. crates or | Cratos or cartons |
| Collatus & Nale | • Pack 20-25-IDS. In Du. crates or cartons | Crates or cartonsUsing plastic films to cover |
| | • 12-24 bunches per crate or | packaging reduces water loss |
| | carton | • Top-ice, package ice (2.2-lb. of ice |
| | | per 4-lb. of product), liquid ice |
| | | |
| Corn (sweet) | • Pack 5 doz. ears in corn bag, | • Corn bag, box, crate or bulk bin |
| | box, or crate • Can also pack in bulk bins filled | Package ice (2.2-lb. of ice per 4-lb. of product) and top-ice after cooling |
| | by count | Injection of slush ice into cartons |
| | | |
| Cranberries | Cartons containing 24 12-oz. | Cartons w/ polybags |
| | polybags | Wood totes, for bulk sales |
| | • Use 20, 25, and 30-lb. cartons | |
| Cucumbers | • 20-lb. in 5/9 bu. cartons | Cartons or crates |
| | • 40-lb. in 1/2 bu. or 1 1/9 bu. | |
| | cartons or crates | |
| | 24-count cartons | |
| Dates | • 15-lb. (6.8kg) flats of | Fiberboard or wood flats |
| Dates | fiberboard or wood | Cartons |
| | • 5 or 10-lb. (2.3 or 4.5kg) | |
| | cartons | |
| E a carlo a t | | |
| Eggplant | Pack in 1/2 bu. or 1 1/9 bu. produce boxes. | Produce boxes |
| | Count for standard eggplant | |
| | should be 22-28 in 1 1/9 bu. | |
| | produce box | |
| | Smaller specialty eggplant | |
| | should be packed in 1/2 bu. | |
| | produce boxes | |
| Elderberries | 1-pint, 2-pint, or 1-quart | Vented plastic clamshell containers |
| | vented plastic clamshell | Cartons |
| | containers, packed in units of | |
| | 12 per carton | |
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| Endive & Escarole | Pack in 1/2 bu. or 1 1/9 bu. produce boxes, cartons or crates | Produce boxes, cartons or crates Packed ice in cartons (2.2-lb. of ice per 4-lb. of product) |
|-------------------------|--|---|
| Figs | Pack in a one-layer box because fully mature fresh figs are soft, easily bruised, and highly perishable | • One-layer box |
| Garlic | Packed loose: 5, 10, 22, 30-lb. cartons Smaller bags or trays for retail | Cartons, bags or trays |
| Ginger | • Sold in full telescoping 30-lb. (13.6kg), 20-lb. (6.8kg) fiberboard cartons or 5-lb. (1.7kg) cartons with film bags | Fiberboard cartons w/ film bags |
| Gooseberries & Currants | Trays holding 12 half-pint containers | Vented clamshell containers |
| Grapefruit | Range from size 23 (23 fruit/carton) through to 56 (56 fruit/carton) Commonly packed, stored and shipped in 4/5 bu. cardboard cartons | Cardboard cartons |
| Grapes | No standard packaging | Lugs Quart-sized ventilated plastic containers 2-lb. plastic slit bags |
| Guavas | • Shipped in 10-lb. (4.5kg) single-layer cartons with foam sleeves or wrapping to prevent injury | MAP in polyethylene bags and use of wax coatings delays ripening/softening Skin blackening is a problem when some wax coatings are applied |
| Herbs | Pack in bunches 12 or 24 to 1/2 bu. box | Pack in plastic bags or clamshells, then pack in corrugated cartons Perforated polyethylene liners will prevent dehydration and maintain quality. Use waxed boxes, lined with plastic Some herbs (parsley) are top-iced |
| Honeydew | • The number of fruit (based on a uniform fruit diameter and weight) per box to achieve a standard weight of 30-lb. (13.6kg) | Produce box |



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| Horseradish | 44-55-lb. (20-25kg) sacks 2.2-lb. (1kg) packages For storage: 33-lb. (15kg) polyethylene-lined crates For storage: 660-1,100-lb. (300-500kg) containers | Sacks, packages, polyethylene lined crates, containers |
| Jicama | Wooden crates of 20+ lbs. (9+kg) Carton boxes of about 10-lb. (4.5kg) for export | Wooden cratesCarton boxes |
| Kohlrabi | 1-1/9 bu. box – 24 bunches With tops: bunched like beets, with 3-5 kohlrabi per bunch | Produce boxes Package icing (2.2-lb. of ice per 4-lb. of product) |
| Leeks | 10-lb. 1/3 bu. cartons or wire- bound crates 12-count leafy greens carton | Cartons or wire-bound crates Crushed ice |
| Lemons | Common packaging specifications are 40-lb. (18.2kg) cartons, 10-lb. (4.6kg) mini-pack cartons, 8- lb. (3.6kg) consumer cartons, as well as 2, 3, and 5-lb. (0.9, 1.4 and 2.3kg) bags | Cartons, mini-pack cartons, consumer cartons, bags Boxes or cartons tightly packed and well filled |
| Lettuce | Pack in 1 1/9 bu. boxes with uniform counts of 12 to 24 in every box | Crisphead: 24-count cartons Leaf lettuce: 20-25-lb. cartons Butterhead/Boston: 20-lb. cartons Bibb/greenhouse-grown: 10-lb. cartons |
| Limes | • 10-lb. (4.5kg), 20-lb. (9.1kg) and 40-lb. (18.2kg) cartons | Boxes or cartons tightly packed and well filled |
| Longons | • 10-lb. (4.5kg) or 5-lb. (2.25kg) crates | One-piece fiberboard crates with plastic lines, if not already packed in polystyrene containers |
| Lychee (Litchi) | 10-lb. (4.5kg) or 5-lb. (2.25kg) crates 0.5 pint (0.12L) styrene containers | One-piece fiberboard crates with plastic lines, if not already packed in polystyrene containers |
| Mangoes | • Sold in 35-lb. (16kg) cartons, 14-lb. (6kg) flat single-layer cartons and 10-lb. (4.5kg) single-piece fiberboard boxes with various counts | Cartons, single-piece fiberboard boxes |



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| Mushrooms | Pack in trays or cartons | Pack in trays or cartons with a perforated polyethylene film overwrap to reduce moisture loss It is important to avoid water condensation inside packages |
| Nectarines | 2-layer tray boxes (yellow-fleshed) 1-layer tray boxes (white-fleshed) | Tray boxes |
| Nopales | • Loose packed in 10-20 lb. (4.5- 9.0kg) cartons or boxes based on size and quality | Cartons or produce boxes |
| Okra | 1-lb. clamshell boxes Bulk weight or volume-filled 25-lb. bins | Clamshell boxesBulk bins |
| Onions (Scallions) | • Tie 6 to 9 in a bunch and pack 24 bunches in a 1/2 bu. box or 40 to 48 in a 1 1/9 bu. box | Produce boxes Top-ice |
| Onions (dry) | Cure, grade and pack in 25 or 50 lb. bags | • Bags |
| Oranges | Standard packed sizes used in California include 24, 32, 36, 40, 48, 56, 72, 88, 113, 138, 163, 180, 210, 245, and 270 fruit per 28.5L container. | Well-vented polyethylene and plastic mesh bags of various sizes Carton design should include at least 5% side venting, designed to line up with adjacent carton vents to allow airflow through the entire load |
| Papayas | 10-lb. (4.5kg) cartons are common, although larger 22-lb. (10kg) cartons are also used Count size ranges from 6 to 18, depending upon fruit and carton size | Cartons Foam mesh sleeves, foam padding on the bottom of cartons or paper wrapping to prevent abrasion injury in fruit with areas of green skin |
| Parsnips | 25-lb. 5/9 bu. waxed carton with perforated polyethylene liner | Waxed carton with perforated polyethylene liner |
| Peaches | 2-layer tray boxes 10 bu. bulk box 1 bu. or 1/2 bu. box White-flesh and tree-ripened: 1-layer tray boxes | • Tray boxes |
| Pears | • 20-30-lb. box | • Tray boxes |



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| Peas (hull) | Pack 15-lb. in pea box 1/2 bu. box 30-lb. in bu. or 1 1/9 bu. boxes or baskets | Boxes or baskets Top-ice |
| Peas (sugar & snap) | Pack in 10-lb. in 1/2 bu. produce box | Produce boxes Top-ice |
| Peppers | Small size: 90 to 1 1/9 bu. box Medium: 75 to 85 per box Large: 60 to 70 per box Extra large 45 to 55 per box Bell peppers should be packed in 1 1/9 bu. boxes while specialty peppers are usually packed in 1/2 bu. boxes | Produce boxes |
| Plums | 28-lb. volume-filled containers 1/2 bu. box | Tray boxes |
| Pomegranates | Small: 150-200g, 65-74mm diameter, 25-34 fruit/5kg carton Medium: 201-300g, 75-84mm diameter, 17-25 fruit/5kg carton Large: 301-400g, 85-94mm diameter, 13-17 fruit/5kg carton Extra Large: 401-500g, 94- 104mm diameter, 10-13 fruit/5kg carton | Generally packed into 2-layer tray packs or bulk cartons |
| Potatoes | Bulk 50-lb 1 1/9 bu. carton Bulk 25-lb 5/9 bu. carton "Count" 50-lb. boxes 5 or 10-lb. plastic or paper bags 2-lb. net bags B-sized tubers | Cartons, boxes or plastic or paper bags |
| Prickly Pear | Packed according to color, size and condition in 10-lb. (4 1/2 kg) cartons, or may be packed in single or double layer tray cartons | Cartons Single or double layered cartons Large fruit may be wrapped in tissue paper to reduce scuffing and other physical injury Fruit may also be packaged in cartons with perforated plastic liners to reduce water loss under dry storage conditions |
| Pumpkins | Pack bulk by the count or weight 800-900-lb. bulk containers | Bulk containers |



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| Radishes | • Tie 8 to 12 in a bunch so that 20 bunches fill a 1/2 bu. or 40 bunches a 1 1/9 bu. box | Produce boxes |
| Raspberries | Trays holding 12 pint or half pint containers | Vented clam shell containers |
| Rhubarb | Pack 15 1-lb. bunches in a bu. box | Produce boxes |
| Rutabaga | • 25-lb. 5/9 bu. cartons with perforated polyethylene liners | Cartons with perforated polyethylene liners |
| Spinach | Pack 5-lb. in 1/2 bu. box or 13- lbs. in 1 1/9 bu. box | Produce boxes Top-ice, liquid icing, package icing (2.2-lb. of ice per 4-lb. of product) |
| Sprouts | Alfalfa: 4-6 oz. containers with 12 containers/case Mung bean: 4-6 oz. containers in 5-lb. open flats | Containers |
| Squash (Summer – Zucchini) | Grade for size and quality and pack in 1/2 bu. boxes | Produce boxes Pack like sardines, with stem-end facing the carton walls to avoid damage |
| Squash (Winter) | • Grade for size and quality. Pack in 1 1/9 bu. box | Produce boxes |
| Strawberries | • Pint or quart | Pint or quart open mesh baskets, or clear clamshell containers, held in corrugated fiberboard tray |
| Sweet Potatoes | Grade for size and quality and pack in 1/2 bu. or 1 1/9 bu. boxes | Produce boxes |
| Tangerines | 4/5 bu. cartons are used for shipping and storage. Marketable tangerines range from size 56 (56 fruit/carton) to size 210 (210 fruit/carton) | • Cartons |
| Tomatillos | Packed in 10-lb. (4.5kg) cartons | • Cartons |
| Tomatoes | Pack in 25-lb. tomato or 1/2 bu. produce boxes Cherry tomatoes are packed in 12 pt. flats | Produce boxes or pint flats |



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| Turnips | Pack in 25 or 50-lb. plastic bags 1/2 bu. boxes 1-lb. bags, packed 12 per carton | • Bags, boxes, cartons |
| Watermelons | 700 lb. corrugated bins (not for thin-skinned melons) 50-60 lb. cartons | Cartons should have specially designed inserts to help support the weight of the fruit Only brand new cartons should be used |

This information was adapted from *Wholesale Success: The Guide to Selling, Postharvest Handling, and Packing Produce*, FamilyFarmed.org, 2010.

Was this Info Sheet helpful to you? Do you have suggestions for how we could improve it? We want to hear from you!

Contact Eva Antczak at evaa@farmsreach.com.

