# Creating and Sustaining Your School Garden Workshop Introduction Trainer Outline

# Section Theme

This section introduces the day, the people in the room, and the vision of the California School Garden Training program.

# Logistics

Time: 30 minutes Location: Inside

Handouts:

- Workshop booklet
- Name tags
- Gardens for Learning book

### Materials:

- Sign In sheet and pens
- Additional fliers or brochures of workshop location or sponsor(s)
- Flip chart paper or white board
- Computer, projector and cords

## Content

# **Talking Points for Introduction**

- Welcome participants to the training site and introduce/thank site host.
- Introduce all trainers and others who are assisting in presenting the workshop.
- You may want to mention:
  - The Creating and Sustaining Your School Garden workshop was designed and written by the UC Davis Children's Garden Program and Life Lab, with funding from the California Association of Nurseries and Garden Centers and the UC Davis Agricultural Sustainability Institute
  - It has been updated by those same organizations and the Resource Conservation District of the Greater San Diego Region with funding from the California Department of Food and Agriculture.
  - The CDFA is also funding these free trainings, which, from 2012-2014, will train over 1,500 people across the state.
  - The overall goal of these CSYSG workshops is to provide professional development for California schools to help them start and sustain their instructional school garden programs over the long term.
  - The second workshop in the Creating and Sustaining Your School Garden (CSYSG) series will focus on Garden-Enhanced Nutrition Education (GENE).
     Share upcoming dates if you have them available.

### **Review Handouts**

- Point out California School Garden Network's (CSGN) Gardens for Learning book and remind folks that it is free online at <a href="https://www.csgn.org">www.csgn.org</a> for others to acquire.
- Review agenda (breaks and lunch time) and goals.
- If the workshop is offered in a single day, point out that participants will have teamwork sessions during the afternoon for developing garden design and for overall program planning.
- Tell participants they can list on the flip chart or white board at any time, any
  additional resources that support school gardens. These resources will be shared
  with the group during the resources discussion. They can also post any questions
  they wish to be addressed that come up during the activities.

## Logistics

- Point out where bathrooms are and let folks know they should break themselves whenever needed.
- Mention any other specifics regarding the workshop location.

# **Group Introduction**

- Play Toe-to-Toe: Call out two body parts, and people connect by touching those parts (i.e. Toe to toe, finger to shoulder, or elbow to knee).
- When everyone has connected with someone, ask them a question and have them share answers with one another. Then call out two new body parts and have them find someone new. Here are some good questions for them to share answers to:
  - a. Share your name and how you are connected to the world of school gardens.
  - b. Share your name and one thing you hope to get out of the workshop today.
  - c. Share your name and one thing you bring to this workshop (such as experience with middle schoolers, knowledge about fruit trees, etc.)
- Go around the room and have each participant briefly state their name, role and school they come from.
- To get a sense of the group's school garden experience, ask folks to raise their hand if they:
  - Have a garden at their school
  - Have worked with students in a school garden
  - Garden at home
  - Have never gardened before
  - Are teachers or are parents
  - Other questions to get a sense of your audience
- Mention the value of networking, and encourage people to share their experiences and expertise with one another throughout the day.

# School Gardens: Who? What? Where? Why?

Follow powerpoint notes to provide an overview of the who, what, where, and why of school gardens, and the role of these trainings in promoting school gardens across the state. Use photos to highlight the wide array of possibilities and inspire the group.